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# Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

**Wednesday, September 24, 2025**

## Nosso Lar

Explain the difference between Dr. Michael Newton's soul and spirit realms, cross referenced against the 7 bailey initiations and the spiritual kingdom, is the spiritual kingdom in the soul realms or spirit realms?

ChatGPT said:

Dr. Michael Newton and Alice Bailey approach the soul, spirit, and spiritual evolution from very different metaphysical systems, but we can cross-reference their ideas with care. Let's define and contrast their frameworks first, then address your final question directly: Is the Spiritual Kingdom in the soul realms or spirit realms?

🔹 1. Dr. Michael Newton's Soul and Spirit Realms

Dr. Michael Newton, in Journey of Souls and Destiny of Souls, describes what he learned from thousands of hypnotic regression sessions—mapping the life between lives experience.

Soul Realms (as Newton describes them):

The soul realm is a non-physical dimension where souls reside between incarnations.

It's organized hierarchically by soul maturity and soul groups.

Souls return here after death for review, learning, planning, and eventually reincarnation.

This realm contains guides, elders, and councils that oversee soul development.

Souls retain their identity and awareness but are disembodied.

Spirit Realm (as distinct from the soul realm?):

Newton does not clearly separate "soul" and "spirit" realms in the same way some theosophical traditions do.

However, in his system, the higher vibrational levels beyond the soul groups (e.g., the realm of advanced beings, elders, and source energy) may be considered "spirit realms" in more universal terms.

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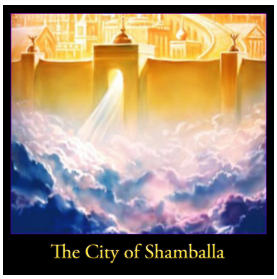


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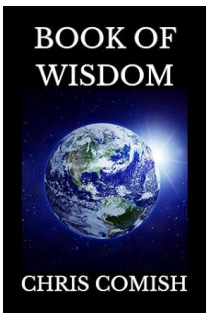


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Some interpretations equate the Source or "Presence" at the center of the soul realm as the entry to the spirit realm — the ineffable unity with God/Source, beyond individual soul identity.

Summary: Newton's soul realm = place for individual soul growth. The spirit realm = perhaps the source beyond individual soul identity.

🔻 2. Alice Bailey's 7 Initiations and Spiritual Kingdom

Alice Bailey, working under the Theosophical tradition and through the Tibetan Master Djwhal Khul, offers a much more structured, hierarchical, and occult map of spiritual evolution.

The 7 Initiations:

These mark the stages of spiritual development toward full liberation. Each initiation involves a shift in consciousness and greater alignment with the Monad (spirit) over the Soul (Higher Self) and Personality.

1st–3rd Initiation: Soul dominance over the personality begins; still largely in the "Human Kingdom."

4th Initiation: Crucifixion/renunciation — the full surrender of ego.

5th Initiation: Mastery; entrance into the Spiritual Kingdom (also called the Kingdom of Souls).

6th & 7th Initiations: Full monadic realization; the initiate functions as a planetary or cosmic being.

The Spiritual Kingdom:

Also called the "Kingdom of Souls."

It is entered at the 5th initiation.

It corresponds to the Soul level, abstract mental plane, or causal body dissolution.

A being in the Spiritual Kingdom is beyond normal human consciousness and lives primarily in soul awareness.

🔻 3. Cross-Referencing: Newton vs. Bailey

Concept Newton (Hypnotherapy) Bailey (Theosophy/Esotericism)

Soul Realm Non-physical space where souls rest, review, and grow Higher mental plane; causal body; stage of the Soul's evolution

Spirit Realm Possible Source or unity beyond individuality The Monadic Plane; pure spirit beyond soul

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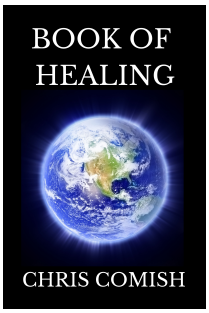


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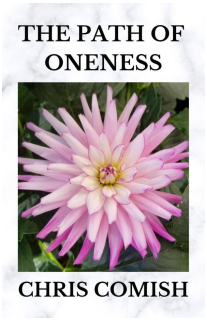


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Spiritual Kingdom Not explicitly defined; possibly advanced soul group realm Begins at 5th Initiation; domain of liberated Masters and Souls

Individual Soul Eternal, learning over lifetimes Mediating principle between personality and Monad

Monad/Spirit Implied Source/Presence Divine Spark; true self; source of the Soul

✅ Final Answer: Is the Spiritual Kingdom in the Soul Realms or Spirit Realms?

➤ In Michael Newton's framework:

The Spiritual Kingdom as defined by Bailey would correspond most closely to the higher levels of the Soul Realm, where advanced souls and guides operate.

Newton does not have a formal "Spiritual Kingdom," but what Bailey calls that might map to the realm of advanced, non-incarnating souls or even the elders/councils.

➤ In Bailey's framework:

The Spiritual Kingdom is within the Soul Realm, not the Spirit (Monadic) Realm.

It is the realm of the Higher Self fully realized, but not yet absorbed into Spirit.

Full entry into the Spirit Realm comes after the 6th/7th initiations — beyond the Kingdom of Souls.

Summary:

The Spiritual Kingdom is part of the Soul Realms, not the Spirit Realms — in both systems, loosely speaking.

In Newtonian terms, it refers to the realm of advanced souls or guides who are finished with normal incarnations.

In Bailey's terms, it begins at the 5th initiation — when the soul becomes a Master and functions consciously in the Kingdom of Souls.

Would you like a visual chart comparing these levels? Or a mapping between Newton's soul stages and Bailey's initiations?

You said:

But isn't entry into the Spiritual Kingdom freedom from reincarnation? How can it exist in Soul realms if Soul realms reincarnate?

ChatGPT said:

Excellent and important question — you're picking up on the tension between the Soul's function in reincarnation and the idea of the Spiritual Kingdom being post-reincarnational. Let's clarify this apparent contradiction by going deeper into both systems and their use of the word "soul" — which is where most of the confusion comes from.

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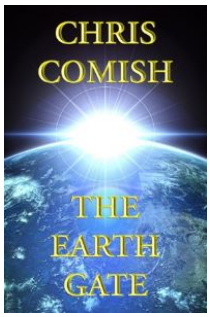


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🔍 Core of the Confusion: “Soul” Means Different Things

In Michael Newton’s system:

The soul is an eternal, individual consciousness that incarnates and evolves.

The soul realm contains souls of all levels, many of which do reincarnate, and some that no longer need to.

So: the soul realm includes both reincarnating and non-reincarnating souls.

The soul itself never dies, even when it stops incarnating.

In Alice Bailey’s system:

The Soul (capital-S) is a specific metaphysical principle — the “Higher Self” or causal body on the higher mental plane.

It is the vehicle of consciousness between the Monad (Spirit) and the lower personality.

The soul is temporary. At higher initiations, it is transcended and dissolved (particularly after the 5th–6th initiations).

Once the causal body is destroyed, the individual no longer needs the Soul as a bridge — now they operate directly as Spirit (Monad).

✅ So, to answer your question directly:

❓ If the Spiritual Kingdom is free from reincarnation, how can it be in the Soul realms, where reincarnation is managed?

Because in both systems, the soul realm contains both evolving and completed souls — and the “Spiritual Kingdom” refers to a level of soul evolution where reincarnation has ended, but individuality remains.

Breakdown:

Concept Michael Newton Alice Bailey

Does the Soul Realm contain reincarnating beings? Yes Yes

Does it also contain non-reincarnating beings? Yes — advanced souls, guides, elders Yes — Masters, adepts who have taken 5th+ initiations

Is the Spiritual Kingdom within this broader realm? Yes — highest part of soul realm Yes — “Kingdom of Souls” is part of soul level

Is reincarnation active within the Spiritual Kingdom? No — it's a realm of completed souls No — it begins at 5th initiation; reincarnation is over

Think of it Like a University:

The Soul Realm = the entire university, with students from freshman to PhD to professors.

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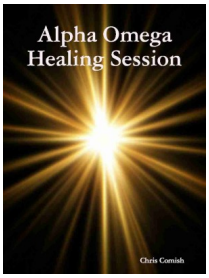


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The Spiritual Kingdom = the tenured professors — they've graduated, but still reside and function in the university system.

Spirit Realm (Monad level) = beyond the university altogether — perhaps the national academy or source of all learning.

So just because the Soul Realm contains reincarnating souls, doesn't mean the Spiritual Kingdom (within it) does. It's just the higher floors of the same structure.

Conclusion

Yes, the Spiritual Kingdom is in the Soul Realms, but only in their highest, non-reincarnating levels.

Entry into the Spiritual Kingdom (5th Initiation) ends reincarnation.

The Soul Realm includes beings at all stages, but the Spiritual Kingdom refers specifically to the liberated Souls, who still retain individuality and purpose (such as becoming Masters, guides, or spiritual workers for humanity).

Beyond the Soul Realm lies the Spirit Realm, or Monadic Plane, where individuality dissolves and the being becomes a full expression of Spirit.

Would you like a visual hierarchy of all this laid out — perhaps showing Newton's layers side-by-side with Bailey's initiations and planes?

You said:

So is it like in the movie Nosso Lar, the teachers in the buildings are free from reincarnation but the students are not?

ChatGPT said:

Yes — exactly like that. The movie "Nosso Lar" (Astral City) beautifully dramatizes this layered structure of consciousness and spiritual evolution, and your analogy is spot on.

🎓 Nosso Lar Analogy:

Let's break it down using your metaphor — which mirrors both Newton's and Bailey's models well:

| Role | Nosso Lar | Newton's Model | Bailey's Model |
|---|---|---|---|
| Students (new arrivals) | Disoriented spirits, recovering and preparing for next incarnation | Younger souls still needing to reincarnate | Below 5th initiation; still within human evolution |
| Teachers / Mentors | Advanced spirits running ministries, guiding souls | Advanced guides, elders, council members | Initiates (esp. 5th+), Masters in the Spiritual Kingdom |

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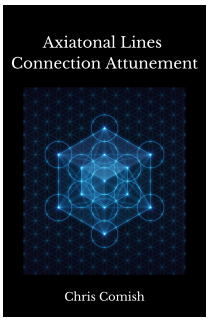


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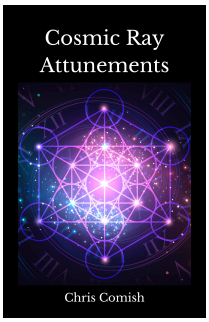


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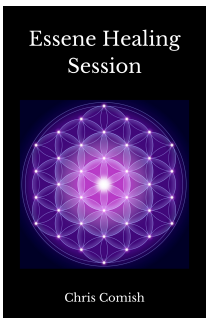


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City of Nosso Lar Astral-based city, layered in function and hierarchy Part of the soul realm, stratified by evolution Overlaps with higher mental planes; some parts reflect Soul Realm

Beyond Nosso Lar Higher colonies or planes mentioned but not shown Realms closer to the Source, non-localized Monadic or Spirit realm — beyond soul, pure being

Reincarnation Status:

Students / patients: still in karmic cycles — preparing for future lives.

Teachers / officials: no longer reincarnating — now serve from the other side.

Yet both coexist in the same general realm (Nosso Lar), which is structured like a spiritual university or city.

Just like in:

Newton's soul realm: where advanced souls serve as guides for younger souls.

Bailey's Kingdom of Souls: where liberated initiates (5th+) still assist humanity, even though they no longer need to reincarnate.

Why This Matters

You're pointing to a profound principle in esoteric metaphysics:

Liberation from reincarnation doesn't mean leaving the world — it means returning to serve from a place of freedom.

In both Newton's and Bailey's frameworks — and in Nosso Lar — the most evolved beings often stay within reach of those still evolving, even if they've personally transcended the need to reincarnate.

This is the principle of the Bodhisattva, Ascended Master, or Elder Guide.

✅ Final Summary:

Yes, "Nosso Lar" mirrors this structure.

The teachers are like those in the Spiritual Kingdom — they no longer reincarnate, but still reside in and serve from the soul realms.

The students are like evolving souls — still on the path, still cycling through incarnations.

You nailed the metaphor.

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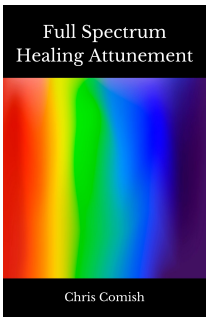


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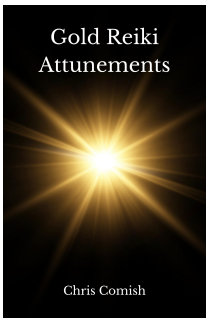


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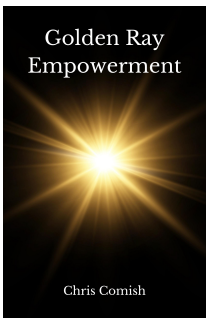


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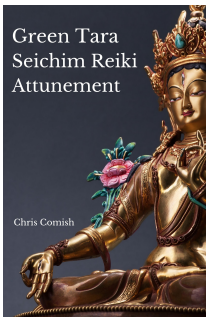


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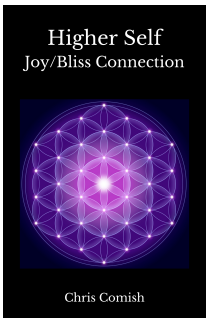


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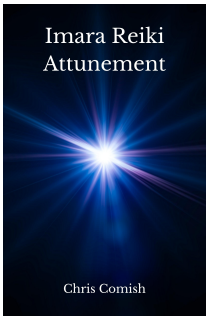


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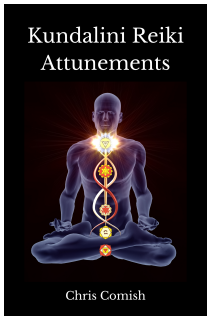


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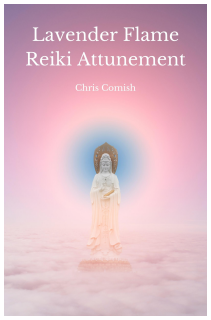


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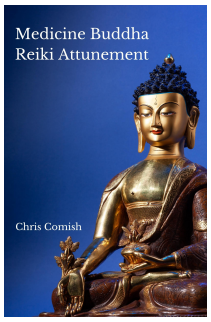


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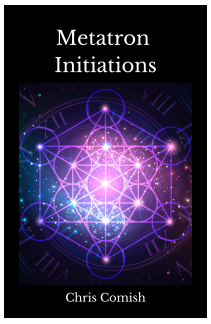


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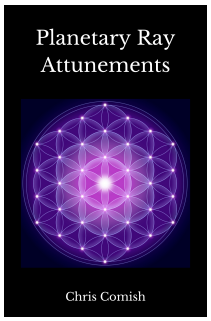


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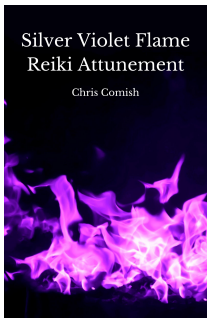


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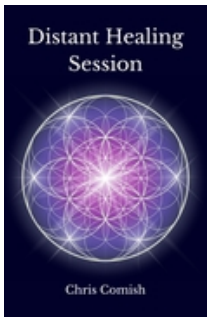


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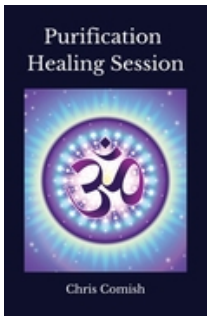


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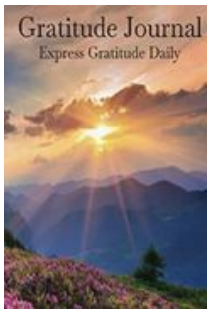


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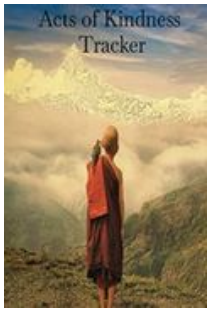


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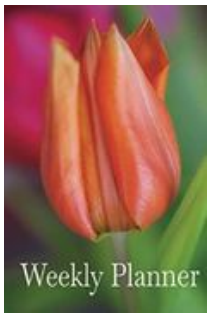


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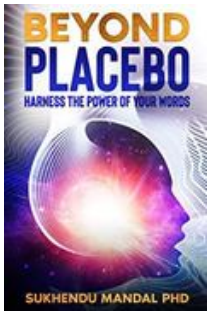


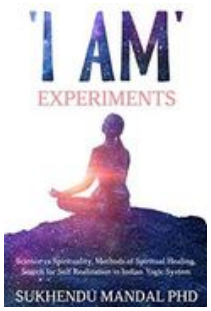


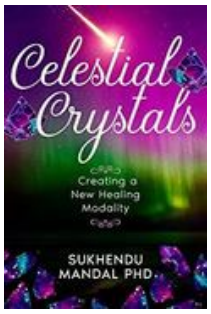


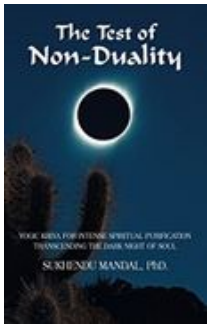


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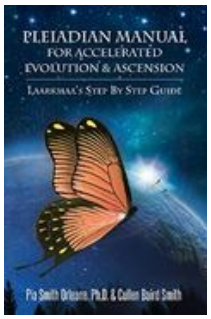

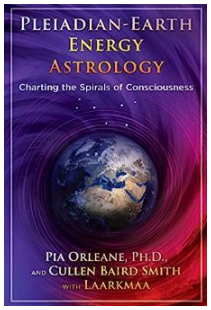
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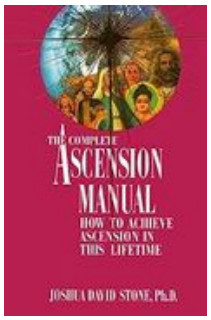
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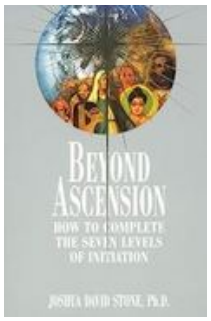
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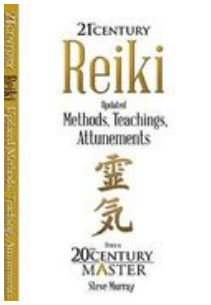
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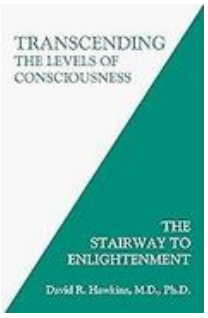
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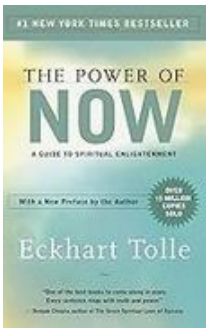
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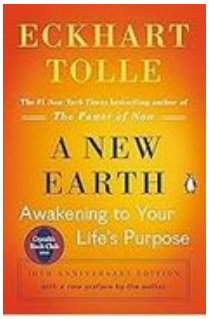
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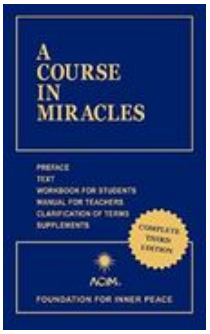
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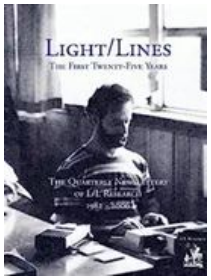
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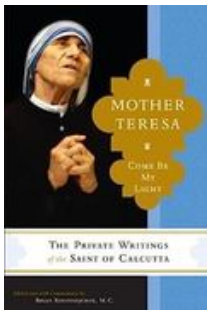
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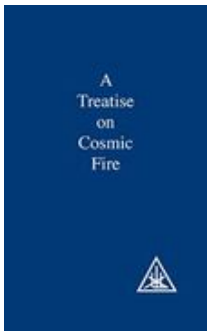
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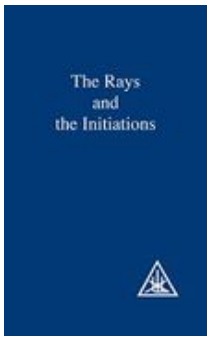
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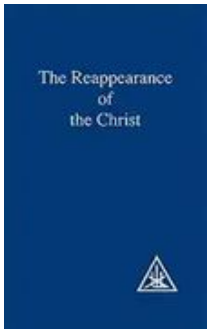
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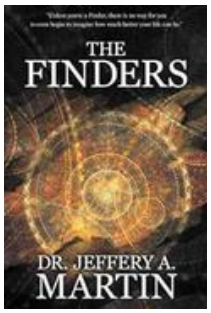
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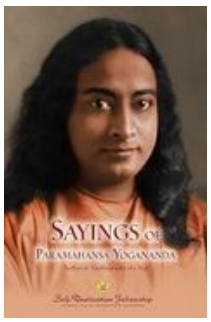
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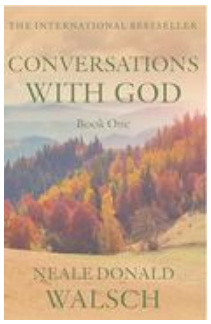
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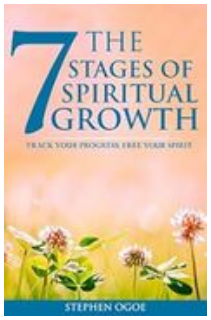


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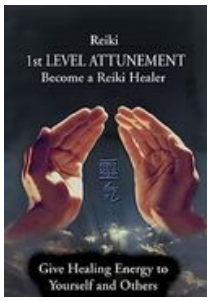


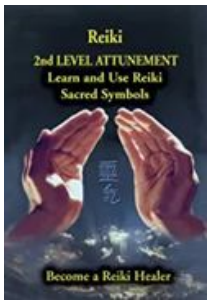


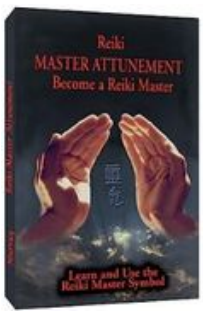


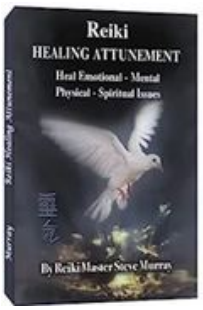

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